

Siobhan Reilly Pilates

SUMMERLIN · LAS VEGAS

CERTIFICATION PROGRAM

Pilates Cadillac

Teacher training

COMPREHENSIVE CERTIFICATION



- **Earn your certification** on the Pilates Cadillac and tower
- The full Cadillac repertoire: push-through bar, roll-down bar, leg and arm springs, and trapeze
- Spring resistance, safe apparatus setup, and studio handling
- Anatomy, biomechanics, and modifications for special populations
- Small group, hands-on training across two weekends
- Led by **Siobhan Reilly**, author of the Pilates Tower training manuals

TRAINING WEEKENDS

WEEKEND ONE
June 20 – 21

WEEKEND TWO
July 11 – 12

Siobhan Reilly · Catie Mann · Jodi Tallo

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COURSE INVESTMENT

\$2,200

LIMITED SPOTS